

1 DAY COURSE EMERGENCY FIRST AID AT WORK

Our Emergency First Aid at Work course gives your team the confidence to step in and handle incidents quickly when it really counts. Focused, practical, and hands-on, it equips your staff with the essential skills to deal with common workplace emergencies calmly and effectively.

**STAY COMPLIANT. PROTECT YOUR STAFF.
BUILD A SAFER WORKPLACE.**



» Duration & location

- 1 Day
- Bolton Town Centre Venue

» Who needs this training

This course is suitable for:

- Employers in low-risk sectors such as offices, retail, and hospitality
- Businesses requiring a nominated workplace first aider
- Small businesses needing to meet basic first aid compliance
- Staff responsible for health and safety or wellbeing

» What you'll learn

Your employees will gain the confidence and practical skills to handle a range of emergency situations, including:

- Assessing an incident and prioritising action
- Managing an unresponsive casualty
- Performing CPR and using an AED (defibrillator)
- Dealing with choking
- Controlling bleeding and treating wounds
- Managing shock
- Recognising and responding to minor injuries

WHY IT MATTERS

Employers are legally required to provide adequate and appropriate first aid provision for their employees - **but beyond compliance, it's about doing the right thing.**

Having trained first aiders in your team means you're not only meeting your legal obligations, you're prepared to respond when it matters most and able to properly protect your staff and anyone on your premises.